



# Summer Lunch Menu

## The Entrees

**Line Caught Day Boat  
Cod Fish-n-Chips**  
fried 'til crisp, served with coleslaw,  
remoulade and french fries  
\$15

**Blue Ox Farm Heirloom Tomato Flan**  
roasted cashew almond butter,  
wilted local spinach and  
crispy Italian Romano  
\$14

**Smoked Gouda and Spice Rubbed  
Chicken Enchiladas**  
frijoles two ways, salsa verde  
and cilantro crema  
\$12

**Grilled Boyden Farm's  
Flat Iron Steak**  
chimichurri, white truffle infused green  
bean salad, local blue and crispy shallots  
\$15

**Moroccan BBQ Glazed Canadian Salmon**  
Israeli cous cous, local heirloom tomatoes,  
cucumbers and lemon confit  
\$15

## On a Roll

**The Murph' Burger**  
half-pound Certified Angus, crispy shallots,  
remoulade, bacon and American cheese  
\$12

**The Lobster Roll**  
claw and knuckle meat, tossed with a touch  
of mayo and fresh chopped celery on a roll,  
served with house slaw and fries  
\$17

**The Burger**  
half-pound Certified Angus,  
char grilled to perfection  
\$10

**The "Super" BLT**  
maple caramelized bacon, iceberg lettuce, hot  
house tomatoes, Bermuda onion, avocado and  
Dijon aioli on KAF sourdough bread  
\$10

**Free Range Buffalo Burger**  
a half pound of lean buffalo from  
our friends at Healthy Buffalo,  
char grilled to perfection  
\$13

**Grilled Chicken Gyro**  
tzatziki sauce, local tomatoes and iceberg lettuce,  
served with a small Greek salad  
\$12

**Heath's Mediterranean Veg Head Burger**  
garbanzo beans, cous cous, sun-dried  
tomatoes and feta, served on  
warm pita with turmeric aioli  
\$9





## Tapas

### **The Caprese Chicken Kabob**

local mozzarella and grape  
tomatoes with a basil rub  
\$7

### **Pork and Bok Choy Dumplings**

carrot ginger dipping sauce  
\$7

### **Blue Ox Farm Fried Green Tomatoes**

buttermilk and fresh chives  
\$7

### **Tempura Tiger Shrimp and Avocado**

East Coast peach compote  
and fresh vanilla bean  
\$7

## Sharing Opportunities

### **The Ultimate Nachos**

house fried corn tortilla chips covered  
with mozzarella and cheddar cheese,  
refried beans and veggies  
\$8 or add chili for \$2

### **Trio Tasting Plate**

roasted red pepper and feta dip,  
Heidi's roasted garlic hummus,  
warm spinach and artichoke dip  
served with warm pita bread  
\$9

### **Local Bacon Wrapped Day Boat Sea Scallops**

local honey and fresh tomatoes  
with basil essence  
\$13

### **Murphy's Legendary Buffalo Wings**

fried 'til crisp and tossed  
in our secret wing sauce  
\$9 for 12 or \$16 for 24

### **Sauteed Hollander Mussels**

tomato confit, local blue cheese  
and crispy shallots  
\$10

## Savory Soups

### **Gazpacho du Jour**

\$6

### **Murphy's Award Winning Chili**

perfectly seasoned for all palates  
\$6

### **Soup du Jour**

\$6

## The Salads

### **Heart of Romaine Caesar**

whole roasted garlic, crostini, shaved Romano,  
anchovy rings and fresh cracked black peppercorn  
\$9

### **Just The Local Greens**

grape tomatoes, julienne of carrots  
and cucumbers with sprouts  
\$7

### **The Mediterranean**

young greens, topped with slow roasted tomatoes, imported  
Kalamata olives, fire roasted red peppers, Bermuda onion,  
feta cheese, balsamic marinated artichokes  
and their juices, with crispy falafels  
\$13

### **Donna's Albacore Tuna Confit Salad**

Blue Ox Farm grape tomatoes, julienne of carrots,  
onion and cucumber, local greens, and croutons  
with a house made Summer herb vinaigrette  
and fresh basil aioli  
\$16

**Add grilled marinated chicken breast for \$4  
or poached Tiger shrimp for \$6  
to any of our salads.**



Murphy's - Established May 5th 1992. Owned by Nigel and Elizabeth Leeming : Executive Chef Brent Battis : Sous Chef Stephen Dow  
Proud member of the Vermont Fresh Food Network. We buy local.  
NH State Law requires us to inform you that "eating undercooked eggs,  
meat, fish and poultry may increase the risk of food borne illness."

NH Rooms and Meals Tax 9%

Reservations accepted. We do takeout. Murphy's offers full service catering. Murphys, Hanover, NH 603-643-4075



100% recycled paper. Murphy's is Green!

